

## Health & Wellbeing Board

A meeting of Health & Wellbeing Board was held on Wednesday, 18th December, 2019.

**Present:** Cllr Jim Beall (Chair), Cllr Lisa Evans (Vice-Chair), Cllr Luke Frost, Cllr Lynn Hall, Michael Houghton (substitute for Nicola Bailey), Cllr Mrs. Ann McCoy, Martin Gray, Barry Coppinger, Dominic Gardner, Sarah Bowman-Abouna, Karen Grundy (Substitute for Steve Rose), Anne Sykes and Barbara Bright.

**Officers:** Mandy Mackinnon, Peter Bell (SBC), Lisa Oldroyd, Hannah Smith (OPCCC)

**Also in attendance:** Dave Pickard, Leanne Stockton (HSSCP)

**Apologies:** Nicola Bailey, Jacky Bright, Saleem Hassan, Fiona Adamson, Sheila Lister, Steve Rose and Ann Workman,

### 1 **Declarations of Interest**

Councillor Jim Beall declared a personal non prejudicial interest in respect of agenda item 7 - Increasing Physical Activity in Stockton-on-Tees as he was a Board Member of Tees Active.

### 2 **Minutes of the meeting held on 27 November 2019**

The minutes of the meeting held on 27 November 2019 were confirmed as a correct record.

### 3 **Stockton on Tees Local Safeguarding Children Board - Annual Report 2018 - 2019**

The Board considered the Stockton on Tees Local Safeguarding Children Board - Annual Report 2018 - 2019. The report was presented to the Board by the Safeguarding Board's Independent Chair, Dave Pickard and Leanne Stockton (Hartlepool and Stockton-on-Tees Safeguarding Children Partnership).

The areas that were highlighted and discussions that were held could be summarised as follows:-

- Both the Hartlepool and Stockton Safeguarding Children Boards over the last two years both Boards had adopted a co-ordinated way of working in ensuring challenge, co-ordination and enabling learning thereby maximising positive outcomes for children, carers and professionals.

- The alignment in the priorities of the Boards had achieved a more cost effective and efficient way of addressing issues.

- A significant amount of both Boards' time and energy was invested in helping to design, test and challenge the new Partnership arrangement led by Hartlepool and Stockton-on-Tees Borough Councils, Hartlepool and Stockton-on-Tees Clinical Commissioning Group and Cleveland Police.

- The newly created Hartlepool and Stockton-on-Tees Safeguarding Children Partnership was the subject of an interim review in November 2019.

- Austerity had had an impact on safeguarding, this could be seen by the amount of children on early help plans, children in poverty and the number of children that had been taken into care.
- How the LSCB had been addressing the impact of neglect.
- Critical friends had been used to carry out peer reviews of the new joint arrangements.
- The report was readable and accessible.
- Following the merger of the Boards an Annual Report would still be produced.
- Financially the transition year had been planned for and there were no issues with regard to the financial situation.
- Thanks were given the Independent Chair – Dave Pickard for all the work that he had done for Stockton-on-Tees over recent years.
- The Annual Report for the Hartlepool and Stockton-on-Tees Safeguarding Children Partnership be included in the Board Forward Plan 2020/21.

RESOLVED that the Annual Report be received.

#### **4 Heroin Assisted Treatment**

##### **Presentation**

The Board received a presentation on Heroin Assisted Treatment (HAT) from PCC Barry Coppinger. The presentation covered the following key areas:-

- Partnership Arrangements
- Drug Related Deaths
- Crime Harms
- Health Harms
- Impact of Failing to Benefit from Treatment
- Evidence Base
- HAT Aims
- HAT Participants
- HAT Delivery Model
- Learning So Far
- Future Developments

The areas that were highlighted and the discussions that were held could be summarised as follows:-

- the Board considered that the principles behind the HAT model were sound and agreed that it should be explored further. However, Members were keen to see longer term evidence of its impact.

- the wrap around services were the key for the HAT scheme to work.
- Concern by one Board Member that the methadone programme was not working.
- it was anticipated that the scheme would result in a reduction in crime levels.
- there would need to be some dialog between the Council's drug treatment services and the HAT team, should HAT be progressed locally.

RESOLVED that the presentation be received.

## **5 Violence Reduction**

### **Presentation**

The Board agreed to defer this item to a future meeting.

Members noted that there would be a serious violence summit to be held on 14 February 2020.

## **6 Increasing Physical Activity in Stockton on Tees**

The Board considered a report on Increasing Physical Activity in Stockton on Tees.

The report highlighted that around one in five (27%) of the adult population in Stockton-on-Tees did less than 30 minutes physical activity per week. Inactivity posed a considerable risk to healthy life expectancy; living well and greatly increased the likelihood of requiring health and care interventions for a longer proportion of life.

Following the Peer Review on Physical Activity in September 2018 and the development and subsequent approval of the JSNA in January 2019 by the Health and Wellbeing Partnerships, a physical activity strategic framework for action had been developed. The framework was approved by the Adults Health & Wellbeing Partnership in June 2019. The framework was developed with input from across the local authority in recognition of the role Stockton Borough Council had in realising a vision of More People, More Active, More Often: the design of infrastructure e.g. spatial and urban design, transport, parks and green spaces and the provision of services e.g. sports and leisure, education and adult social care.

By increasing engagement and participation in physical activity, health could be improved and the onset and intensity of illness associated with health and social care needs in later life could be reduced.

The Physical Activity Framework set out a vision, priority groups (those who were least active) and six key areas for action for the period 2019-24. This

provided a strong basis for the development of a strategic action plan with clear indicators and outcomes. The action plan was provided to the Board.

By 2024 the aim was to have increased physical activity across the population of the borough with the biggest improvements among those who were the least active.

It was proposed that the multi-agency Physical Activity Steering Group's action plan would include:

- Seek opportunities to promote '30mins x 5' through a communication plan.
- Community assets based action.
- Active Living Hubs action

Members were provided with a draft Terms of Reference.

The areas that were highlighted and the discussions that were held were:-

- a hope that the Steering Group could come up with lots of new innovative ideas to increase physical activity in Stockton-on-Tees.
- Transport to parks and leisure centres was an issue for some people in the Borough and there was potential to build on active travel approaches.
- the usage of the parks in the Borough was lower than hoped for and needs to be encouraged.
- There was a number of agencies that would be able to have input into the strategy and actions.
- There could be a change to the terms of reference to include the Healthy Schools Programme.
- The issue of safety in the Borough's parks should be considered by the Community Safety Partnership.

RESOLVED that:-

1. the Physical Activity Framework's contribution to achieving the Health and Wellbeing Strategy's priorities be acknowledged
2. recognition of opportunities, across member organisations, for development and implementation of the Physical Activity Framework 2019-24, be encouraged by the Board.
3. a Physical Activity Steering Group be established and the Group's draft Terms of Reference, provided to the Board, be agreed
4. the Physical Activity Steering Group be tasked to develop a 12 month rolling

action plan to implement the Physical Activity Framework 2019-24 and report to the Board, at least annually.

## **7 Members' Updates**

It was noted that Colin Martin was stepping down, as Chief Executive of TEWV NHS Trust after 35 years' service with the NHS.

## **8 Forward Plan**

It was agreed that the August 2020 meeting would be stood down.

The Forward Plan was noted.